



shine
for Sheraton
spa

Spa Treatment Menu

Massages

SHINE MASSAGE*

80 MINUTES | 180.00

Experience the wondrous fusion of healing touch with the wisdom of ancient rituals. The sensation of warmed stones embracing your skin will also serve to enhance your relaxation. The massage ends with the gentle application of silk honey with an indulgent facial massage to harmonize your body and soul.

AROMA CANDLE MASSAGE

50 MINUTES | 135.00

80 MINUTES | 175.00

Spend some time by candlelight. Alleviate tension as candle melts onto your body. The essences are smoothed onto the skin, release muscle tension and leaving it glowing. You'll experience complete physical and mental relaxation.

ABHYANGA

50 MINUTES | 135.00 (single therapist)

60 MINUTES | 220.00 (2 therapist)

Abhyanga is a traditional Indian treatment based on Ayurveda principles. This treatment starts with Ayurveda rituals followed by a warm oil massage, steam and herbal scrub to remove excess amount of oil and to maintain the moisture level of skin.

HOT STONE MASSAGE

50 MINUTES | 130.00

80 MINUTES | 170.00

The sensation of warm lava stones embracing your muscles will serve to enhance your relaxation, melt away tension and increases circulation and metabolism.

DEEP OCEAN

50 MINUTES | 125.00

80 MINUTES | 165.00

An intensive massage that concentrates on the deep layers of muscle. This treatment is designed to relive muscle tension and chronic muscle pain.

ASIAN JOURNEY

50 MINUTES | 120.00

80 MINUTES | 160.00

This treatment combines the techniques of Balinese and Thai massage by using pressure points and stretching movements. It enhances body flexibility whilst soothing away tension, stress and pain.

SHIRODHARA

30 MINUTES | 90.00

An ancient Ayurvedic treatment that gently pour warm oil on the third eye point of the forehead to allow energy to flow properly and helps relieve stress and nervous tension. It improves concentration and nourishes the scalp and hair.

ORIENTAL FOOT MASSAGE

25 MINUTES | 70.00

50 MINUTES | 110.00

An healing art that treats the entire body by applying pressure to the reflex points on the feet.

BACK & SHOULDERS UNWIND

30 MINUTES | 70.00

Sooth away the tension on your upper body by this customized treatment. After, you will feel reenergized and relaxed.

*Signature Shine Spa experience

All prices are quoted in US Dollars and subject to 10% Service Charge and applicable taxes

Facials

EXPRESS SHINE

30 MINUTES | 80.00

This quick facial includes deep cleansing, exfoliation, toning to brighten up the skin by a special face mask that suits your skin type.

SHINE FACIAL*

50 MINUTES | 135.00

A divine facial that establishes your skin's defensive and regenerative functions with oxygen. After initial preparation, the skin is treated to an oxygenating serum and absorbs in an anti-aging mask.

SKIN PURIFIER

50 MINUTES | 135.00

An ideal treatment for oily skin. Vitamin C infusions and a unique mask are applied with purifying massage techniques to create a matte skin tone.

SKIN SOOTHING

50 MINUTES | 135.00

Active ingredients and sumptuous silk mask are applied to rebalance delicate and sensitive complexions. Helping to relieve redness, this superior face treatment offers immediate comfort to stressed and irritated skin.

SHINE COLLAGEN FACIAL

75 MINUTES | 175.00

Clinically proven to reduce wrinkles and improve the firmness of the skin. This anti aging facial combines lifting massage techniques with collagen boosting formulations to reveal firmer, smoother, brighter and youthful appearance.

Body Treatments

SHINE BODY*

70 MINUTES | 180.00

Let the aroma of the essential oil transport your body to a relaxed state as your skin is polished to a glow. You are then wrapped in a nourishing elixir to enrich the skin. Customize your own shine body by selecting a scrub and wrap that suits your skin and body.

CHAMOMILE & ROSE SCRUB

35 MINUTES | 100.00

The secret ingredient of this scrub can make your skin silky smooth and softer. Chamomile, a great antioxidant combined with rice and rose gets you a new skin by removing the dead cells.

COFFEE & SALT SCRUB

35 MINUTES | 100.00

This natural scrub is ideal for deep cleansing and detoxifying. Coffee prevents formation of cellulites and promotes elasticity.

ORIENTAL BODY POLISH

35 MINUTES | 100.00

An excellent skin exfoliation treatment with a unique blend of oriental ingredients. This treatment will reduce the sign of aging and help nourish the skin tone.

BODY SCULPTING MASK

35 MINUTES | 100.00

A perfect organic way to tone your body. White Kaolin Clay, Coffee and Grapefruit in this wrap gently eliminate toxin and purify the skin.

DETOX WRAP

35 MINUTES | 100.00

This mask is nourished with rejuvenating pearl and rose clay that will hydrate the skin and remove toxins from the body.

*Signature Shine Spa experience

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Hands & Feet

SHINE HANDS & FEET*

60 MINUTES | 110.00

Soak in a warm eucalyptus bath, followed by a hand-renewing sugar exfoliation and a foot softening treatment. A deeply hydrating mask is applied to the hands and feet to activate circulation through medicinal plant extracts. The treatment finishes with a cream to nourish, repair and protect the skin from stress.

MANICURE

45 MINUTES | 75.00

This hand care treatment includes nail shaping, cuticle care, soothing scrub to exfoliate the dead cells, relaxing massage and nail buffer. You will be offered a collection of nail polishes to beautify the nails.

PEDICURE

60 MINUTES | 110.00

This treatment is a quick and necessary touch-up, meant to rescue your tired and dehydrated skin and nails. Complete with a classic procedure, cuticle cutting, filing, buffing and polishing, thereby leaving your nails looking healthy and shiny.

EXPRESS MANICURE

30 MINUTES | 55.00

EXPRESS PEDICURE

35 MINUTES | 70.00

Packages

SHINE COUPLE ESCAPE

80 MINUTE | 400.00

Shine couple escape is a dream experience meant to be shared with your loved one. The treatment starts with a choice of scrub (or express shine facial or choice of wrap) followed by a 50 minute massage.

*Price quoted for 2 persons

A TASTE OF AYURVEDA

80 MINUTE | 190.00

Experience an authentic 60 minute Ayurveda massage including traditional Indian head massage followed by a Shirodhara. A perfect combination of treatments to relax and improve the concentration!

FIND YOUR GLOW

110 MINUTES | 250.00

Create your own package by selecting any three services from the list below.

- Massage (50 mins)
- Body Scrub
- Body Wrap
- Foot Massage
- Express Shine Facial

DE-STRESS

135 MINUTES | 310.00

Keep your young vigor forever! This special combination of treatments removes dead cells from your skin, relaxes the muscles and glow your face by our signature facial. Get your flawless beauty back.

- Massage (50 mins)
- Shine Facial
- Choice of Body Scrub / Wrap

SHINE DETOX

210 MINUTES | 425.00

Stop the clock for a few hours and experience the most luxurious spa journey at Shine Spa. Detox and refresh your mind, body and soul on a serene tropical island overlooking the turquoise blue ocean.

- Magnolia Body Polish
- Detox Wrap
- Massage (50 mins)
- Skin Purifier Facial
- Express Pedicure
- Milk Bath
- Sparkling Wine

*Signature Shine Spa experience

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Special Treatments

COOLING SENSATION

40 MINUTES | 110.00

A soothing and revitalizing body treatment created as a refreshing way to cool down the skin after a day under the sun. Aloe Vera and cucumber helps reduce the stinging effect of sun burn, leaving your skin to cool and rehydrate after exposure to the sun's harmful rays

RESERVATIONS

Schedule your appointments in advance to ensure availability of your preferred treatment and therapist. Bookings made on the day of service and walk-in appointments are always welcome, subject to availability.

CANCELLATION POLICY

24 hours notice is required for changes or cancellations. Arriving late for a service may require us to shorten the length of your treatment, with full charges applied.

GIFT CERTIFICATES

Shine Spa for Sheraton gift certificates are available for purchase at the spa front desk. Our gift certificates are the perfect way to celebrate any occasion, with individual treatments, bridal packages or predetermined denominations offered.

PRIOR TO THE SERVICE

Experience the therapeutic benefits of steam, prior to your services. We suggest arriving 30–60 minutes in advance of your treatment schedule. Please turn off your cell phone before entering the spa, locker rooms and treatment areas.

Prior to the start of your service, please inform your therapist the areas you would like to focus on and any areas to be avoided. During your service, please do not hesitate to tell the therapist if you feel any discomfort.

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